



GOAL SUCCESS PREDICTOR

THINK OF A CURRENT GOAL YOU HAVE AND ANSWER EACH QUESTION HONESTLY TO PREDICT HOW LIKELY YOU ARE TO ACHIEVE YOUR GOAL.

01 DO YOU KNOW THE DIFFERENCE BETWEEN DREAMS AND GOALS? **YES** **NO**

02 HAVE YOU WRITTEN YOUR GOAL DOWN? **YES** **NO**

03 IS YOUR GOAL WRITTEN IN A "GOOD" GOAL FORMAT? **YES** **NO**

04 HAVE YOU VERBALLY COMMUNICATED YOUR GOAL TO AT LEAST ONE OTHER PERSON? **YES** **NO**

05 HAVE YOU SUCCESSFULLY ACHIEVED SIMILAR GOALS IN THE PAST? **YES** **NO**

06 IS THERE SOMEONE REGULARLY CHECKING IN WITH YOU ON YOUR PROGRESS TOWARDS COMPLETION? **YES** **NO**

07 DO YOU BELIEVE YOU CAN ACTUALLY ACHIEVE THIS GOAL? **YES** **NO**

ADD UP THE NUMBER OF "YES" AND "NO" BOXES YOU CHECKED.

6-7 "YES" answers = high odds of achieving your goal

4-5 "YES" answers = medium odds of achieving your goal

0-3 "YES" answers = low odds of achieving your goal

If you'd like to increase your odds and learn more about how to achieve your goals, visit www.wvshine.com/FinishIt